

1ST GRADE DIGITAL CITIZENSHIP

INTERNET TRAFFIC LIGHT



OBJECTIVES

By the end of this lesson, students will be able to:

- Understand that being safe online is similar to staying safe in real life.
- Learn to identify websites and apps that are "just right" and "not right" for them.
- Know how to get help from an adult if they are unsure about a website.



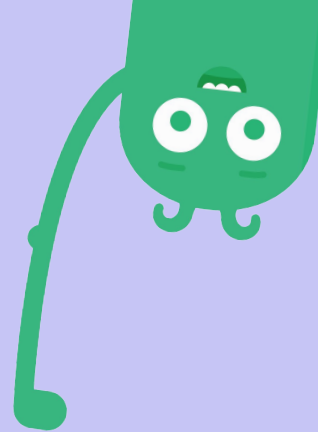
How do you stay
safe when visiting a
website or app?



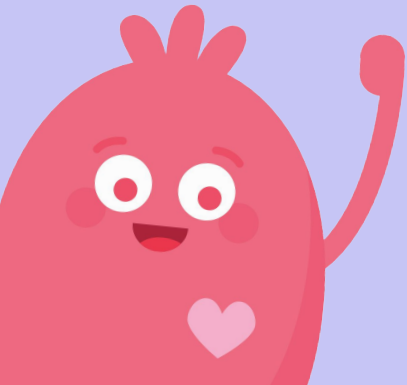
Lesson



WARM UP



When you play outside without a grown-up, what are some of the things you do to stay safe?



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WATCH



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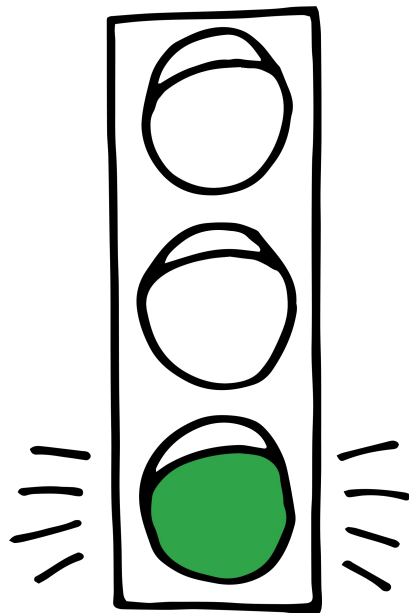


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What is a GREEN website or app?

1. A site or app that is just right for you.
2. Fun, with things for you to do or see.
3. Has appropriate words.



GO!



KEY VOCABULARY

Just right: something that is appropriate or fitting

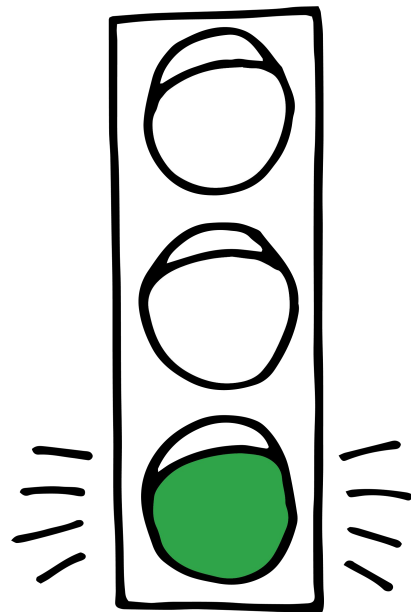




What are some "green" websites or apps you visit? How do you know they're safe and just right for you?

Directions:

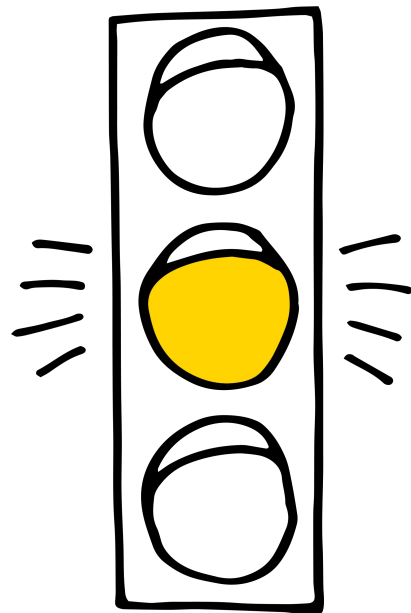
1. Think quietly about the questions.
2. Share your response with a partner.





What is a YELLOW website or app?

1. A site you're not sure is "just right" for you.
2. The words are hard for you to read.
3. One that asks for information such as who you are, where you live, or your phone number.
4. A site that has you fill out a form.



CAUTION!



KEY VOCABULARY

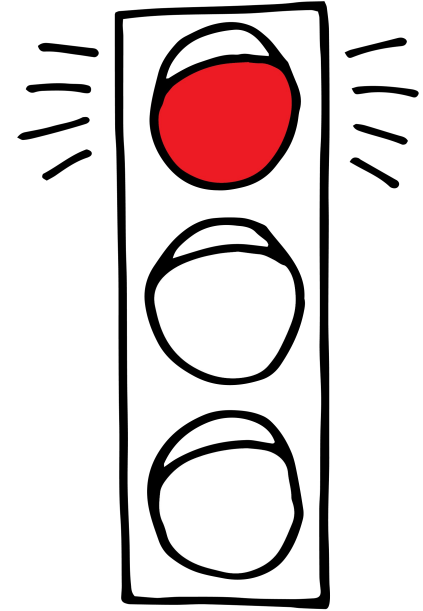
Caution: being careful





What is a RED website or app?

1. Has everything that a yellow site has.
2. A site that is clearly not "just right" for you.
3. A place you have gone by accident.
4. Filled with pictures, words, and videos that are for older kids or adults.
5. A place where you are allowed to chat with people you don't know.



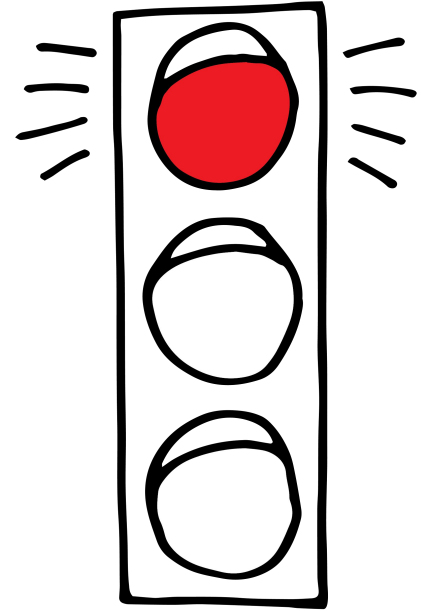
STOP!



Have you ever been to a "red" website or app? How did you know it was not right for you?

Directions:

1. Think quietly about the questions.
2. Share your response with a partner.





WATCH



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READ

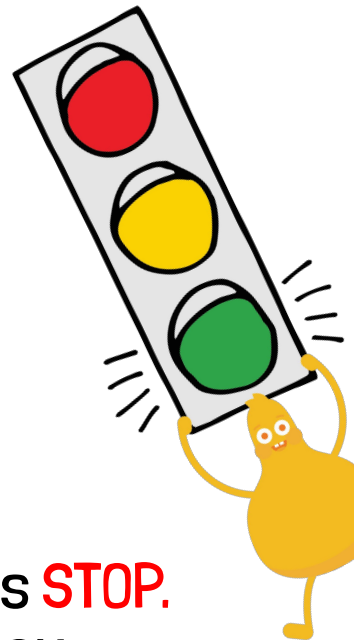
Internet Traffic Light

by Wren Brennan

We go online to find
New things to do and see.
The internet traffic light
Shows where we need to be.

Green means **GO!**
To sites we trust.
Yellow means **SLOW!**
Being safe is a must.

Red means **STOP.**
Ask if it's OK.
Trust your gut.
To go the right way.



Lesson Activities

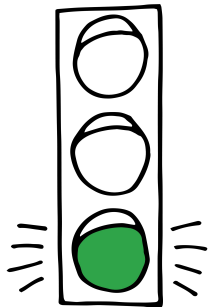


GAME

3 Rules

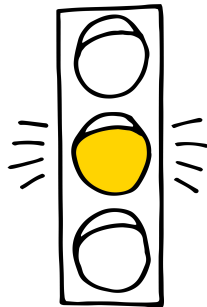


Green



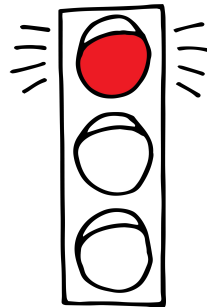
2 steps forward

Yellow



1 step forward

Red



0 steps

If you get an answer wrong, take one step back!

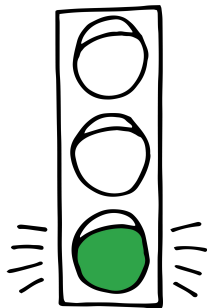




GAME

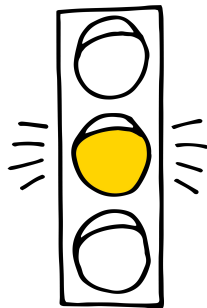
You went to the Games-o-Rama website by accident and a stranger sent you a message asking for your name and age.

Green



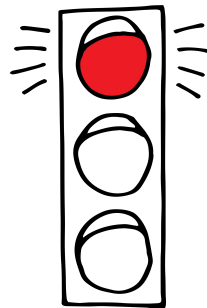
2 steps forward

Yellow



1 step forward

Red



0 steps

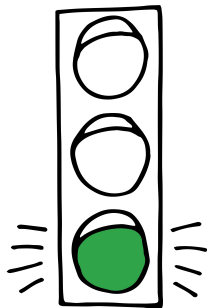
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GAME

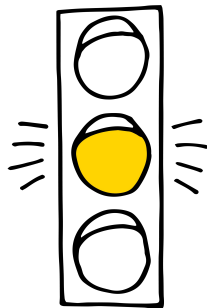
The Wacky Bunny site is funny!
Even your grandma thinks it's just right for you.

Green



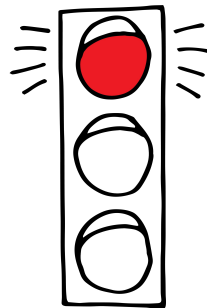
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Red



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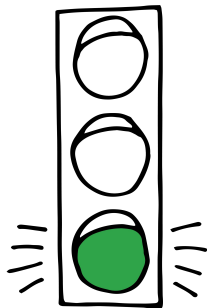




GAME

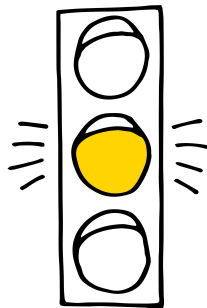
You are searching for pictures of hearts but come across a site that makes you feel uncomfortable.

Green



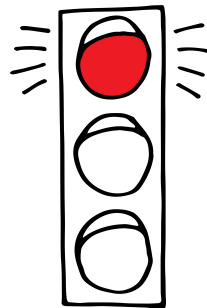
2 steps forward

Yellow



1 step forward

Red



0 steps

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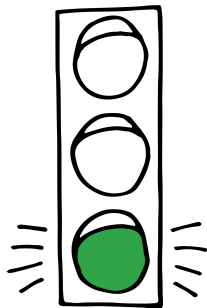




GAME

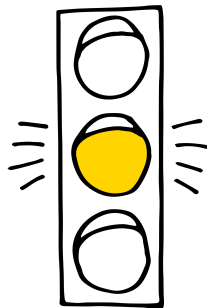
You visit a site about our solar system but the words are hard to read.

Green



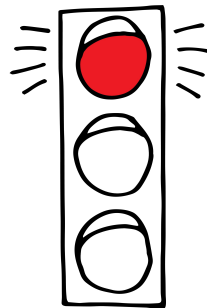
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Red



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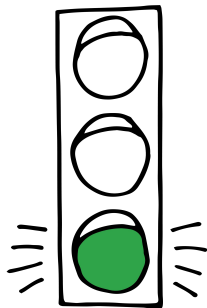




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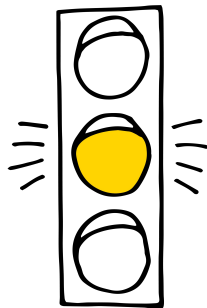
A site for your favorite TV show has fun things for kids
your age to do.

Green



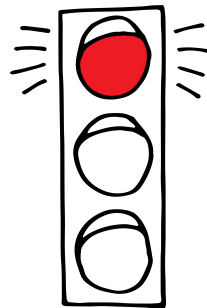
2 steps forward

Yellow



1 step forward

Red



0 steps

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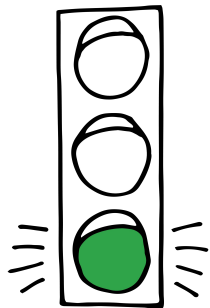




GAME

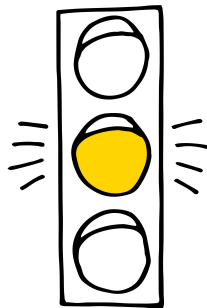
There's a kids sports site you visited that allows people to chat with each other.

Green



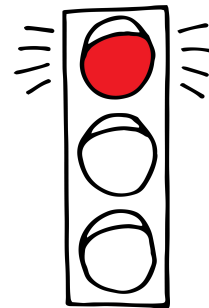
2 steps forward

Yellow



1 step forward

Red



0 steps

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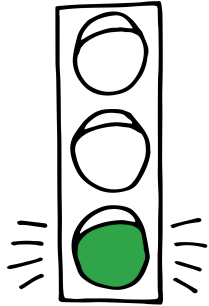




GAME

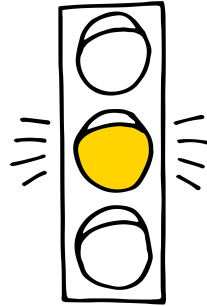
You're on a game site where a screen pops up and asks for your email address.

Green



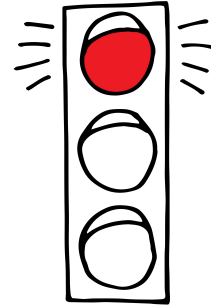
2 steps forward

Yellow



1 step forward

Red



0 steps

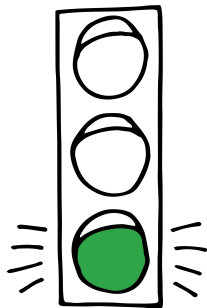
If you get an answer wrong, take one step back!



GAME

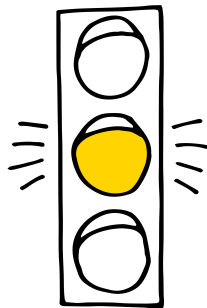
Your teacher tells you to visit a site where you can learn things about giraffes.

Green



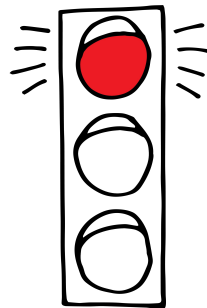
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Yellow



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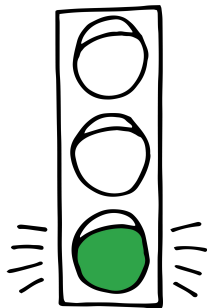




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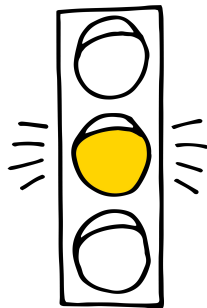
You watch a funny video but notice the videos next to it look like they're for big kids.

Green



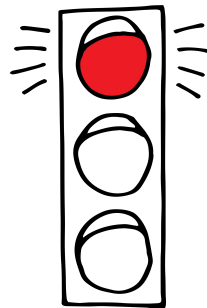
2 steps forward

Yellow



1 step forward

Red



0 steps

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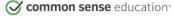



Lesson Activity

PAUSE & THINK MOMENT

Directions

1. Read the poem.
2. Color the traffic light.
3. Label each color with what it means.

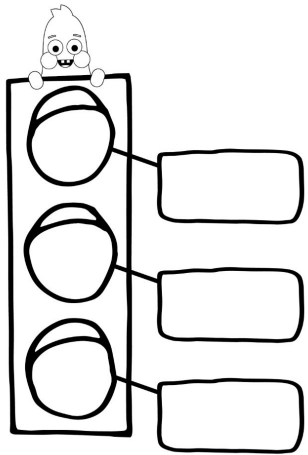

GRADE 1: INTERNET TRAFFIC LIGHT
Pause & Think Moment 
NAME _____



Directions
Read the poem. Color the traffic light. Label each color with what it means.

Internet Traffic Light
by Wren Brennan
We go online to find
new things to do and see.
The internet traffic light
shows where we need to be.

Green means GO!
To sites we trust.
Yellow means SLOW!
Being safe is a must.

Red means STOP.
Ask if it's OK.
Trust your gut.
To go the right way.




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PT 2: PAUSE & THINK MOMENT

Directions

1. Draw a picture to show what you would do if you accidentally went to a “not right” website.
2. Write about what you should do if you accidentally get to a “not right” website.

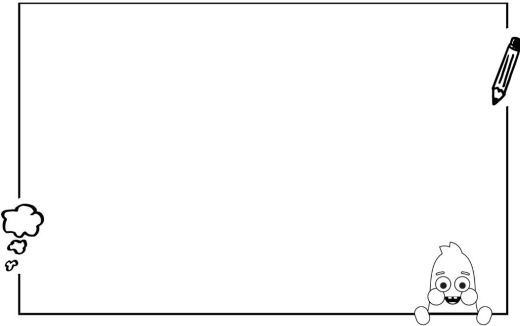
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GRADE 1: INTERNET TRAFFIC LIGHT


Pause & Think Moment 


NAME _____

Draw a picture to show what you would do if you accidentally went to a “not right” website.



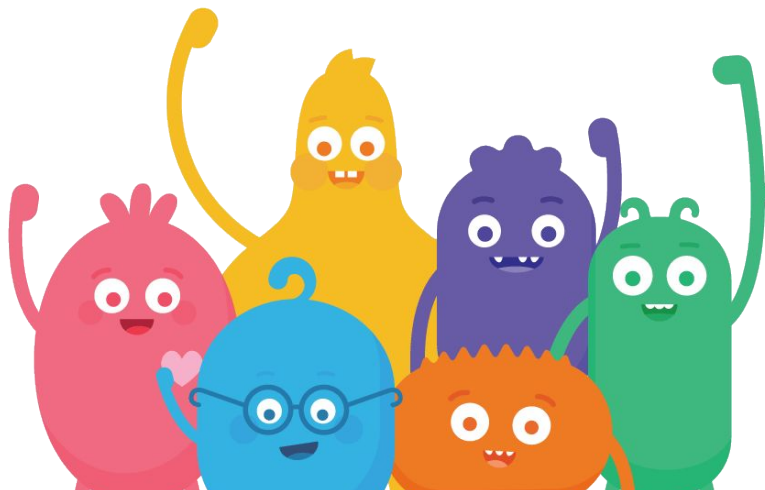
Write about what you should do if you accidentally get to a “not right” website.

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2

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everyone's privacy.



Lesson Extension

DRAW & TELL

Directions

1. Open the Draw and Tell app.
2. Select ***blank paper***.
3. Choose your paper color.
4. Use the circle stencil and drawing tools to make the traffic light.
5. Use the record tool to record the poem.



VIDEO DIRECTIONS

Family Activity

FAMILY ACTIVITY

GRADE 1: DIGITAL CITIZENSHIP FAMILY ACTIVITY

Pause & Think Online



There are lots of things to think about when it comes to being a responsible digital citizen. At school your kid is learning all about it, and now they can show you what they know! They're learning to...

- Pause and think before searching, clicking, or sharing.
- Be kind online.
- Find balance using media and tech.
- Pay attention to their feelings to make sure they feel safe and know when to stop.
- Stand up to online bullies.
- Carefully choose the digital footprints — like posts, pictures, and comments — they leave behind.



Check out the music video featuring our favorite digital citizenship friends! Watch it together (turn on captions so you can see the lyrics), and sing along!
<https://www.commonsense.org/education/videos/pause-think-online>

Now talk about this together:

1. What was your favorite part of the song? Why?
2. What's your favorite character? Why?
3. What are some ways you can do what your favorite character does?
4. What could be hard about it, and how would you keep going anyway?



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